



ALABAMA DEPARTMENT OF REHABILITATIVE SERVICES



**Statewide Traumatic Brain Injury Program
Pre-Vocational Services / Interactive Community-Based Model**

What is the TBI/ICBM Program? After a traumatic brain injury many individuals need time to adjust to physical, emotional, thinking and independent living challenges when they come home from the hospital. The Alabama TBI Program (called Interactive Community-Based Model) provides help with these adjustments to prepare a person to return to community, school and/or work. The Alabama Department of Rehabilitation Services, the lead agency for TBI, provides this program across all counties. The ICBM Program helps individuals with TBI and families address cognitive retraining, social skills development, independence, community reintegration and employability. Services are provided through state funds; medical insurance is not required.

Who Qualifies? The TBI/ICBM Program is designed for individuals who:

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| <i>Have sustained a traumatic brain injury as a result of neurotrauma (external force).</i> | <i>Are less than 2 years post injury.</i> | <i>Have an Alabama address and need for in-home services.</i> | <i>Can benefit from cognitive and/or behavioral rehabilitation program.</i> | <i>Are not ready for traditional vocational rehabilitation services at time of referral.</i> |
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Traumatic Injury Care Coordinators are Master’s Level Rehabilitation counselors trained in providing specialized services. Through the ICBM Program, the TBI Care Coordinator works with individuals with TBI and family members so that services are tailored to meet individual needs.

The Care Coordinator will:

- *Gather personal and medical information*
- *Coordinate services provided*
- *Evaluate independent living skills*
- *Assist family in navigating health care and social service system*
- *Provide counseling*
- *Provide injury education and training*
- *Recommend/provide testing*
- *Provide case management and planning*
- *Structure cognitive, social and/or volunteer experiences*
- *Share and refer to local resources*
- *Provide cognitive activities*
- *Develop and share coping strategies and behavior management techniques*
- *Refer to other agencies and providers for individual support*

Visit our websites for more information:

TBI(www.alabamatbi.org) / **ADRS**(www.rehab.alabama.gov/tbi)

Contact Us! ADRS Traumatic Brain Injury Program
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Resources

Alabama Department of Rehabilitation Services houses four programs particular to brain injury:

- **Children’s Rehabilitation Service (CRS)** houses specialty-trained pediatric TBI Care Coordinators for facilitating services a child (birth to 21) receives. CRS provides parent, family, and community education, assists with transition from hospital to home, school, community, provides education on TBI issues in the classroom to family and school system, and assists in establishing appropriate educational goals and services. <https://www.rehab.alabama.gov/services/crs>
- **TBI Program/Interactive Community-Based Model (ICBM)** is a prevocational service program for adults that provide a wide range of services to assist adults recovering from traumatic brain injury (TBI) in regaining independence when possible, and returning to school/work. Services transition an individual from hospital to home, community and to employment through a specialty-trained TBI Care Counselor. <https://www.rehab.alabama.gov/services/vr/tbi>
- **Vocational Rehabilitation Services (VRS)** assists Alabamians with disabilities to achieve independence through employment. VRS provides specialized employment- and education-related services and training to assist teens and adults with disabilities in becoming employed. Available through any of the 20 VRS offices statewide, services may also include vocational assessment, evaluation and counseling, job training, assistive technology, orientation and mobility training, job placement, and retention services. <https://www.rehab.alabama.gov/services/vr/vr>
- **State of Alabama Independent Living/Homebound Program (SAIL)** provides specialized in-home education and counseling, attendant care, training, and medical services to Alabamians with the most significant disabilities. Seven community-based offices located throughout the state serve residents in all 67 counties, ensuring independent living at home, at school, at work, and in the community through homebound services, independent living support services and Medicaid Waiver Services. <https://www.rehab.alabama.gov/services/sail>



Alabama Head Injury Foundation Resource Coordination Program is a nonprofit organization that provides support services for survivors of traumatic brain injuries and their families. AHIF provides its statewide network of services through the use of field staff, called Resource Coordinators that live in the communities where survivors they serve reside. AHIF Services include: Resource Coordination, Support Groups, Advocacy, Recreational Camps, Respite Care and Therapy camps. www.ahif.org



The **Alabama Disabilities Advocacy Program (ADAP)** is part of the nation’s federally-funded protection and advocacy system. ADAP provides legal services to Alabamians with disabilities, including TBI, to protect, promote and expand their rights. ADAP’s vision is one of a society in which persons with disabilities are valued and exercise self-determination through meaningful choices, and have equality of opportunity. <https://adap.ua.edu/>



AlabamaTBI.org is a comprehensive site for service providers, individuals with brain injuries and family members, providing links and resources to the information you are seeking. The site also provides online training on numerous topics such as sports concussion, mental health, classroom strategies or customized training can be requested to meet an organization’s needs. www.alabamatbi.org



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