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| Mental Health Issues after Traumatic Brain Injury |
| Outreach and Education Training |
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Includes:

Training Summary and Objectives

Presentation Information

Evaluation Form

Sign-In Sheet

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| Supported in part by AL H21MC06738 from the Department of Health and Human Services Health Resources and Services Administration, Maternal and Child Health Bureau. The contents are the sole responsibility of the authors and do not necessarily represent the official views of DHHS. |

**Training Title:**

Mental Health Issues after Traumatic Brain Injury

**Training Summary:**

This presentation briefly describes mental health issues as the issues relate to individuals with traumatic brain injury, with an emphasis on depression, anxiety, and personality disorders. A general overview introduces the audience to basic definitions, levels of severity, incidence rates, causes, risk factors, and effects of traumatic brain injury. Suggestions for coping with mental health issues and accommodations for individuals with traumatic brain injury and mental health issues are discussed. Audience will receive state-wide and national resources for traumatic brain injury, as well as mental health issues.

**Training Objectives:**

1. Participants will be provided with an explanation of traumatic brain injury, as well as causes, effects, and prevalence.
2. Participants will be familiarized with mental health issues connected with individuals with TBI.
3. Participants will be provided with suggestions for coping with an individual with traumatic brain injury and mental health issues.
4. Participant will be provided with ideas for accommodations that may be useful in an individual’s return to work or school after a traumatic brain injury and onset of mental health issues.
5. Participants will be provided with mental health resources that may be useful when serving an individual with traumatic brain injury and mental health issues.
6. Participants will be given information on accessing the resources available in Alabama and nation-wide for working with persons surviving traumatic brain injury and their caregivers.

**Training Credit:**

Continuing Education Units, or CEUs, are required by many professional licensing or certifying bodies. Therefore they are a valuable commodity to professionals who may be attending this Outreach and Education training. The application and approval of CEUs varies for each professional group and can require a great deal of documentation. For additional information on **CEUs** and **Certificates of Attendance** in connection with this training module, contact Maria Crowley at maria.crowley@rehab.alabama.gov or (205) 290-4590.

**Power Point Presentation:**

34 slides

Approximate presentation time: 25 - 35 minutes

Presentation contains: Visual only with a few notes throughout.



**Suggested Materials and Resources:**

Handouts for AHIF, ADRS, Outreach and Education Brochure, SAIL

CDC Traumatic Brain Injury Materials: www.cdc.gov/TraumaticBrainInjury

Model Systems Publications on Mental Health

 Depression:images.main.uab.edu/spinalcord/pdffiles/TBI\_depression\_editable.pdf

 Emotions:images.main.uab.edu/spinalcord/pdffiles/TBI\_emotional\_editable.pdf

**Date(s) of Training: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Speaker: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| Strongly Strongly **A. RATING OF THE MEETING:** Agree Disagree  |
| 1. Participants had opportunity to participate. | 5 | 4 | 3 | 2 | 1 |
| 2. Presentations were well organized. | 5 | 4 | 3 | 2 | 1 |
| 3. Program content was relevant to my job. | 5 | 4 | 3 | 2 | 1 |
| 4. Length and pace were appropriate. | 5 | 4 | 3 | 2 | 1 |
|  Considerable Not**B. PERCEIVED IMPACT OF TRAINING:** Impact Relevant |
| 1. Positive effect of the meeting on my professional skills, knowledge, abilities. | 5 | 4 | 3 | 2 | 1 |
| 2. Positive effect of the meeting on people served in the rehabilitation service system. | 5 | 4 | 3 | 2 | 1 |

**COMMENTS ON THIS TRAINING EVENT:**

1. What were the special strengths of the meeting?
2. What were the weaknesses of the meeting?
3. What changes and other topics would you recommend?

**Additional Comments:**

Strengthening the System of Care for Alabamians with TBI Date(s):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Sign-In Continued

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