

# How to Zoom

Zoom helps people meet, talk, and share with video phone calls

## Connect to Zoom on Your Device

Go to Zoom website using your computer browser: [Link to Zoom website](#)

OR

## Download the Zoom app to your phone or tablet:

Google Play Store (Android devices): [Link to Google Play Store](#)

Apple App Store (iPhone or iPad): [Link to Apple App Store](#)

Watch a video from Creative Life Center on how to join your first Zoom meeting: [Link to Video on You Tube](#)

## Join a Zoom Meeting from an Email Message

1. Check your email. Open the Zoom message.
2. Click the link entitled "Join Zoom Meeting."
3. A pop up box will ask if you want to Open Zoom. If you are on a computer, click Open Zoom. If you are using a phone or tablet, click "Ok."

## Need help?

Join a test meeting: [Link to Join Meeting Test](#)

Zoom Help Center and Videos: [Link to Zoom Help Center](#)