

JOE ACKERSON, PH.D.

JACKERSON@ACKERSONANDASSOCIATES.COM

(205) 823-2373

WWW.ACKERSONANDASSOCIATES.COM

## CARDINAL RULES

- Treat each patient as an individual (respect who they are, do not call them by their dx)
- Think about what you are doing (each pt is a single subject design, generate and test hypotheses)
- Tailor the examination to the individual pts needs, abilities, and limitations, considering special examination requirements

# WHAT IS THE QUESTION?

- Referral sources
- Referral question(s)- why are you referring them? What is the purpose (and context) of the evaluation?
- Contracts/Agreements/Understanding
  - What are you allowed to assess?
  - What limitations are being imposed upon the examiner?

# **EVALUATING INDIVIDUAL CLIENTS**

- Determine reason/need for evaluation
- Determine premorbid and predisposing variables
- Generate hypotheses and determine methodology
- Assess current neuropsychological functioning
- Identify risk within environmental context
- Predict functional outcomes
- Provide recommendations for management
- \*Follow-up

#### **HISTORY**

- Difference between testing and evaluation is the history, clinical interview, and interpretation
- You cannot know the present nor predict the future w/o knowing the past
- Look for history of concerns
  - When first evident?
  - How have the problems manifested over time?
  - What efforts have been made to understand and/or treat the problem?
- You MUST know normal development and how the individual's medical/psychiatric/developmental disorder TYPICALLY presents across the lifespan
- Always consider context and function of behavior

## THE PROCESS

- Motivation
  - State and trait
  - Influenced by the examiner
- Standard administration versus testing of limits
- Addressing special needs and populations
- Observation
- Documentation

## **TESTING**

- Sampling behavior under specific performance demands.
- Tests provide formal documentation of *performance levels* (overall ability as well as specific strengths and weaknesses) and *problem-solving processes* in specific skill areas.
- The instruments are only as good as their psychometric/scientific foundations and the clinician that is employing them as tools.

# **PSYCHOMETRICS**

- The systematic measurement of psychological/neuropsychological functions
- Allows for NORMATIVE comparisons
- Extremely powerful tool to assist clinical decision-making
- Prone to abuse (a little knowledge is a dangerous thing)

### BRAIN AND BEHAVIOR

- Analysis of brain-behavior relationships provides insights into adaptation
- Brain-behavior relationships provide a framework for organizing findings
- Any complex behavior reflects multiple brain systems
- Evidence for brain impairment involves both convergent and divergent validity

## CONTEXT

- Environments constrain behavior
- Adaptation is a function of brain and context (i.e., they are not independent)
- Brain-behavior relationships are moderated by context
- The expression of brain impairment is context (and development) specific
- Failures in adaptation result from a clash between individual capacities and environmental demands/expectations